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| **Content: Physical Education** | | | |
| **Standard:8.2.2-**  Identify biomechanical concepts and components of skilled related fitness (e.g., range of motion, angle of contact, leverage, force, speed, center of gravity, agility, balance, power, coordination) that govern different types of movement | | | |
| **Grade: 8** | | | |
| **Score 4.0** | **-The student can:**  -apply the biomechanical concepts by adjusting performance during skill related fitness | | **Sample Activities** |
|  |
|  | **3.5** | In addition to score 3.0 performance, in-depth inferences and applications with partial success. |  |
| **Score 3.0** | **-The student can:**  -identify the biomechanical concepts for different types of movement  -evaluate biomechanical concepts for the use of skill related fitness | |  |
|  | **2.5** | No major errors or omissions regarding 2.0 content and partial knowledge of the 3.0 content. |  |
| **Score 2.0** | **- The student can:**  - identify the biomechanical concepts for different types of movement | |  |
|  | **1.5** | Partial knowledge of the 2.0 content, but major errors or omissions regarding the 3.0 content. |  |
| **Score 1.0** | **-The student can:**  **-**partially identify biomechanical concepts for different types of movement | |
|  | **0.5** | With help, a partial understanding of the 2.0 content, but not the 3.0 content. |
| **Score 0.0** | **-Even with help, no understanding or skill demonstrated.** | |