

NAME	ORIGIN	INSERTION	ACTION
Serratus anterior			
External oblique			
Internal oblique			
Rectus abdominus			
Transversus abdominus			
Linea alba			
Tensor fascia latae			
Sartorius			
Rectus femoris			
Vastus lateralis			
Vastus medialis			
Gracilis			
Biceps femoris			
Semimembranosus			
Semitendinosus			
Gluteus medius			
Gluteus maximus			
Peroneus longus			
Extensor digitorum longus			
Tibialis anterior			
Soleus			
Gastrocnemius			
Brachioradialis			
Flexor carpi radialis			
Palmaris longus			
Extensor digitorum			
Biceps brachii			
Triceps brachii			
Deltoid			

NAME	ORIGIN	INSERTION	ACTION
Pectoralis major			
Sternocleidomastoid			
Trapezius			
Latissimus dorsi			
Orbicularis oris			
Buccinator			
Masseter			
Platysma			
Zygomaticus			
Orbicularis oculi			
Frontalis			
Temporalis			
Occipitalis			